



psychosocial development of children
through games and sport



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MOVE annual report year III _ 1st July 2009 to 30th June 2010



Table of content

1. Introduction
2. Main results axis I: Children psychosocial wellbeing / adult transfer of competences
3. Main results axis II: Research and Advocacy
4. Challenges and measures taken
5. Next steps year 4 _ 2010-2011
6. Annexes: documents of reference



I. Summary ¹

Project locations and starting date	Romania: August 2008 Moldova: September 2008 Albania: May 2009
Description of project	Psychosocial development of children through games and sport in 2 axis: 1. children psychosocial well-being / adult transfer of competences 2. research and advocacy
MOVE beneficiaries up to June 2010	App. 2'500 children have benefited from regular psychosocial activities + 1400 children have participated in a fair play event 555 animators were trained in the MGS approach (among them 60 parents)
Annual expenditure	245'318 euros

After two effective years of implementation, the MOVE project is moving on with success in the three countries; children, parents, animators, public and officials are responding with enthusiasm and interest; MOVE visibility has increased and its efficiency is recognized by some institutional partners. The accreditation process of the training is on its way in Romania and Moldova, which is a clear positive indicator for us.

A strategic consultation held in May in each country by the coordinator with two senior advocacy officers from Tdh Budapest office helped to define the needs and objectives until the end of the project that has been extended for an extra 6 months (December 2011). A large panel of participants was included in this strategic reflexion (delegation, trainers, animators, ministries, NGOs, state representatives, football federation) and it appeared that MOVE should be advocated on in more regions, integrated into social and educational institutions, and a MOVE network should be created. Ownership is really starting to be felt.

2. Main results axis I: Children psychosocial wellbeing / adult transfer of competences

Countries	First animators trained (base group)	Number of replications (2x2days)	Adults trained through replications	Children beneficiaries ² regular activities summer camps fairplay events
Albania	15	5	55	400 842 800
Moldova	12	12	140	600 250
Romania	13	24	360	1'500 38 350
Total	40	41	555	App. 3000

Replication sessions

- In Romania and Moldova year III of the project was focused on increasing the amount of trained people to the MGS approach through more replication sessions, along with an assessment/reinforcement of the current active trainers and animators.

¹ For more detailed background information, please refer to report year II.

² Nearly same children participate in regular activities, summer camps and fair play events, so number are not exactly additional

- In Albania the main objective was to finish coaching sessions for the base group and training of trainers in order to start the replication phase in 9 cities. The aim is to reach 180 new animators trained by the end of 2010.
- 555 animators were trained to the MGS approach since the beginnings of the project, including 60 parents. Indeed, the latter have newly been integrated in order to increase the dissemination and understanding of the MGS approach.

Refresher training

In February a two-day refresher training was conducted in each country by the coordinator and a Swiss MGS expert in order to raise the base group's capacities. Animators were given theoretical material and case studies on subjects like motivation, intergenerational activities (children-parents), traditional games and physical activities for teenagers. The motivation gained through the refreshers was high.

Activities with children

App. 2'500 children have benefitted up to now from weekly physical activities with a psychosocial aim within schools and centres in the three countries. The aim of these activities is to reinforce their social and personal competences such as self-esteem, responsibility, cooperation, respect, etc. in order to give them a better protective environment and integration into their communities. Local and regional stakeholders (educational system, partners, parents and communities) are involved in the implementation process.

Summer camps

Besides regular school activities throughout the year, summer activities have been implemented by Tdh, direct partners or the State. Overall more than 880 children benefitted from psychosocial games organised by MOVE trained animators.



Tirana (Albania)

1282 participants in the summer camps with MOVE activities

842 children, 190 Parents, 43 teachers, 15 MOVE animators, 8 Community Based organizations, 4 Peer educators and 2 students: the list of the participants to the summer camps is quite long!

During July and August 2009, the summer Camps were organized in **10 cities**. The purpose of these activities is **to provide the children with a safe, friendly and learning environment during a period when schools close down**; as well as giving children the opportunity to participate in educational, psychosocial, cultural and sport activities as an alternative to street work and begging.

15 of the animators of the summer camps got trained as **MOVE** animators during the training session this spring.

3. Main results axis II: Research and Advocacy

The MOVE steering committee decided in September 2009 to focus on advocacy in the three countries of intervention as well as towards the Swiss Academy for Development (SAD) who is responsible for the Sport and Development International platform www.sportanddev.org. A clear objective for year III was to allocate more time and resources for advocacy purposes both at national and regional level.

Research Action

The research action data's collection is completed in Romania, showing mainly increased social and methodological competences of animators. In Moldova the final report will be issued this autumn, but

the first results show an increase in the children's socialisation and integration. As for Albania the 3rd moment of the research is to be conducted early 2011. An official release will be presented in year IV including main findings about the psychosocial well-being of children as well as the progression on personal, social, methodological and technical aspects of the animators.

Fair play events

Two to three national or local MOVE fair play events were organised in each country for a total of 1'400 children. The events always included fair play football to favour integration and cooperation among all children. These events also aimed at raising awareness among parents, institutional partners (Sport and Education) and stakeholders (NGO partners, civil society and residential centres). In Romania we were once honored by the presence of the Romanian president M. Basescu. Media coverage was always important and very positive.

Partnerships

- *Romania*: strong support from CCD (House of Teachers) in Craiova; good collaboration with the Direction for Sport in Dolj county; good relationship with the National Institute for Sport Research in Bucarest as well as local NGO in Bucarest (FOC) and Craiova (Vasiliada, T.R.U.S.T.).
- *Moldova*: awareness is lower at central government level, but there is a good connection at regional level with General Directorate for Education, Youth and Sports in 3 raions; good collaboration with the Moldovan Football Federation too.
- *Albania*: cooperation agreement with 8 main cities, local NGOs (FBSH, NPF); pending agreement with the Ministry of Education; advanced contacts with MoLSaEO (Ministry of Labour and Equal Opportunities); good collaboration with the Albanian Football Federation; awareness meetings with BKTF coalition (21 child protection NGOs).

Accreditation process

In the three countries we have one important objective aiming at sustainability: the accreditation of the MGS approach as ongoing training in teachers' curricula., which is a long process.

- *Romania*: the CCD (House of Teachers) has validated the MGS training and offers it as an ongoing training for Dolj teachers facilitated by MOVE trainers. Already app. 100 teachers have been trained to MGS methodology. This is a big step towards sustainability.
- *Moldova*: we are currently writing an MGS training offer for the Ministry of Education based on our romanian experience.
- *Albania*: we are still at the stage of good intentions, waiting for an addendum to be added and signed in Tdh MoU with the Ministry of Education.

Communication

- In November 2009, the MOVE coordinator attended the 3rd Peace and Sport International Forum in Monaco, together with 400 decision-makers in sport, politics, the private sector and civil society representing 85 nations. He participated as a field-expert in a workshop around social integration through sport for young people.
- A quarterly basis newsletter³ is disseminated to partners and officials in each country in order to update them on the ongoing/planned activities in the country.
- News from each country is regularly posted on Budapest Tdh website: <http://tdh-childprotection.org/projects/move> showing the project's progresses.

³ See annex B. MOVE Moldova newsletter spring 2010



Valentine (Moldova) : “I m happy when I play MOVE fair play football”

Valentine is 12 years old. For the last seven years Valentine has not seen his father who went to Portugal to earn money. His mother works in Israel. They stay in touch via telephone.

Valentine, who now lives with his elder brother, joined the MOVE project last year. Out of all the games of the MOVE project that the children play, he prefers fair play football. *«I love football because this is a popular game and many kids like it. When I play fair play football I feel safe, I am happy, I am excited and I have a positive attitude. Fair play football*

makes it easier for me to interact with other children; during the game we are taught to help each other, we become one close-knit team, and we don't have winners or losers. We don't compete with each other and this is very important. »

In one of his telephone conversations Valentine told his mother that he is now part of the MOVE project. *«My mother was very excited; she said that I did very well and that I need to continue to participate in the project. »*

4. Challenges and measures taken

Axis 1

- To have only one expat coordinator for the three countries of intervention and one National Project Manager (NPM) per country is not sufficient to ensure high enough follow-up quality. It has therefore been decided to reinforce NPM capacities with an assistant, in order to improve the monitoring of the psychosocial activities as well as the advocacy activities. As the growing number of MOVE staff requires a closer follow-up, the decision to empower communities through MOVE clubs or parents activities was taken.
- The animators are working on a voluntary basis which limits their capacities in terms of time and motivation; knowing that we are working in remote and poor communities where daily activities is the priority, we promoted their paid participation in other Tdh activities like summer camps, after-school activities, short mandate trainings or translations, etc.

Axis 2

- The importance of a communication officer in each delegation has been highlighted in order to better advocate for the MOVE project. The delegation in Moldova always had a communication officer who strongly supports MOVE project. Albania has hired one for September; Romania has none for the moment, but we have to examine the possibilities.
- In Romania, the Football Federation has been reluctant to enter in contact and/or collaboration with us despite several attempts to do so. The possibility of approaching a new contact given by UEFA will be examined.
- It has been difficult until now to attract famous football ambassadors in each country because Tdh has a global child relief approach. One alternative could be to ask the football federation to select one for us.

5. Next steps year 4 _ 2010-2011⁴

Axis 1

- Broaden and reinforce the MOVE base group of trainers to reach a number of 16 to 18 active trainers.
- Continue with qualitative monitoring on animators running psychosocial activities with children.
- Edit an MGS training manual with explanation of the methodology used and its benefits, as well as a complete description of a 2-week training session and its content.
- Edit a 2nd manual of games with a psychosocial aim coming directly from the project participants (animators).
- Gather and edit a leaflet on best practices in each country (from participants).
- Support the creation of a MOVE social network to ease exchanges of best practices and needs of the animators and to reach ownership and sustainability.

Axis 2

- Produce two MOVE videos (one short promotion video and one longer capitalization video) in order to be able to advocate for the project and approach as well as show benefits and challenges.
- Support the cooperation of MOVE and UEFA Grassroots project (giving opportunities to play football in remote communities) in Moldova and Albania.
- Capitalise on MOVE Moldova in September 2010 and MOVE Albania in Spring 2011.
- Organise a seminar with experts in Education and Sport to present research-action findings and capitalisation movie in order to validate the MGS approach at ministries level and strengthen the accreditation process
- Formalise the accreditation in each country with the Ministries of Education and Social Affairs.
- Attend an International conference on Sport and Education.
- Organise a National MOVE closure event in each country.

6. Annexes: documents of reference

- annex A. MOVE financial report 2009-2010
- annex B. MOVE Moldova newsletter spring 2010
- annex C. MOVE Romania Plan of Action 2011

13th August 2010
Terre des hommes – child relief

⁴ See annex C. MOVE Romania Plan of Action 2011